

## Camp Curriculum Highlights

- Powerful Leadership Sessions
- Conducting Sessions
- How To Run a Sectional Workshop
- How To Run Full Ensemble Rehearsals
- Percussion and Guard Leadership Sessions
- Percussion Workshops
- Guard Workshops
- Instrument Pedagogy Sessions
- Improving Ensemble Performance
- Peer Teaching Sessions: Visual Technique
- Peer Teaching Sessions: Sectionals
- Stretching Exercises For Your Band
- Breathing Exercises For Your Band
- Movement Sessions
- Rehearsal Planning and Score Study
- Drill Teaching and Drill Cleaning
- Goal Setting and Improving Morale
- Concert Band Sessions

## Camp Staff

Students will have the opportunity to work with talented instructors from both the high school and college levels. In addition to the workshop directors, the camp staff will also include local area musicians to teach sectionals and master classes. Besides the staff listed below, we also bring in guest instructors for special workshops and sessions.

### Staff members will include:

Todd Zimelman, Salem, OR  
Jeremy Sutton, Grants Pass, OR  
Matthew Arau, Appleton, WI  
Richard Frey, Ft. Collins, CO  
Jeff Bush, Vancouver, WA  
Tippy Jackson, Portland, OR  
Jeremy Zander, Beaverton, OR  
Brant Stai, Sherwood, OR  
Jason Garcia, Grants Pass, OR  
Kevin Soon, Hillsboro, OR  
James Nowickas, Salem, OR  
Travis Moddison, Ashland, OR  
Brian Beck, Yakima, WA





# METRO-CAPITOL LEADERSHIP ACADEMY

## Camp Information

This academy is intended for students who hold a position of leadership in their marching or concert ensembles (winds, percussion, guard). Students that are interested in being a future leader are also encouraged to attend.

This academy is designed to instruct a complete "team" of leaders in a marching or concert ensemble. The focus is to create an environment where drum majors and section leaders work together in all aspects of running rehearsals and sectionals.

**Although not mandatory, this experience will be most effective if a person from each section attends!**

Campers will need to make their own arrangements for housing, transportation and provide their own lunch and dinner. Several hotels are available in the Sherwood area. Home stays with local students may be possible. Contact local band directors. Students must bring their own instrument, drum sticks/mallets, flag equipment and rifles. Some larger instruments can be provided per request.

## Sample Daily Schedule

4:00–9:00pm	Registration and Intro Sessions (1st night only)
9:00–10:00am	Leadership Workshops
10:00–11:00	Conducting/Section Leader Workshops/Guard and Percussion Workshops
11:00–12:00	Stretching and Movement Workshops/Concert Band Track
12:30–1:30	Lunch Break
1:30–3:30	Conducting/Section Leader Workshops/Guard and Percussion Workshops/Full Ensemble Workshops
3:30–5:00	Leadership Workshops
5:00–5:30	Dinner Break
5:30–7:00	Peer Teaching/Leadership Workshops/Concert Band Track

## Camp Expenses and Registration

The cost for camp if paid and registered by June 1, is **\$230 per student**. On or after June 2, camp fees will be \$270. Visit [www.nmla.net/mcla.html](http://www.nmla.net/mcla.html) for ONLINE registration or to download hard copies of the forms.

The camp runs from **June 19–22 (July 19 is 4–9pm only)**, 2018, at Sherwood High School, located at 16956 SW Meinecke Rd., Sherwood, OR 97140. If you need to mail forms or payment, please send to:

**Northwest Music & Leadership Academies**

**1479 Coho Ct. NW**

**Salem, OR 97304**

Any checks must be payable to "Northwest Music & Leadership Academies"(or NMLA). You can also pay online via PayPal at [www.nmla.net/mcla.html](http://www.nmla.net/mcla.html). ONLINE registration and payment is preferred. We look forward to meeting you at camp!